

ACTIVE SURVIVAL PLAN

The main goal of your plan is to **SURVIVE**.

DO something to increase your chance of survival.

DON'T just sit and wait. **Prepare** for action.

The ABC'S of Active Survival

Avoid — Avoid the situation at all cost. If you are not in a safe place, get to one as quickly as possible. If you are in a safe place, stay there and prepare for the “what if” situation.

- Create distance from the situation if possible
- Get behind a locked door
- Utilize cover or concealment

Barricade — Barricade yourself if you are in a safe location and create Time Barriers (anything that would make your position less likely or harder to access).

- Lock the door and turn out the lights
- Barricade the door; wedge under the door; place furniture behind the door
- Position yourself out of sight and have a secondary exit if possible

Counter — Counter the assailant by any means possible as the last resort.

- Work together to create chaos by throwing things and screaming
- Use anything as a weapon of opportunity
- Be a moving target and don't stand still
- Grab the gun and hold on to it. Fight for the weapon.

'Survive — Act quickly. You can potentially save a life if you stop blood loss.

- Apply direct pressure to the wound then bandage with anything available
- Apply a tourniquet – high on the limb as possible and very tight
- Pack the wound with available material
- Get help as quick as possible – notify 911 of the situation and location

SURVIVAL COULD DEPEND ON YOUR ACTIONS – BE PREPARED