

**RANDOLPH COMMUNITY COLLEGE INSTRUCTOR'S WEEKLY SCHEDULE**

Instructor: **Heather Adams**  
 Office: **MSC 115**  
 Phone: **336-633-0116**

Semester/Year: **Spring 2023**

Email: [hmadams@randolph.edu](mailto:hmadams@randolph.edu)

| TIME          | Monday       | Tuesday      | Wednesday    | Thursday | Friday       | Saturday |
|---------------|--------------|--------------|--------------|----------|--------------|----------|
| 7:00 AM       |              |              |              |          |              |          |
| 7:30 AM       |              |              |              |          |              |          |
| 8:00 AM       |              |              |              |          |              |          |
| 8:30 AM       | On Campus    | BIO 110-800L | On Campus    |          | On Campus    |          |
| 9:00 AM       | On Campus    | BIO 110-800L | On Campus    |          | On Campus    |          |
| 9:30 AM       | BIO 169-01   | BIO 110-800L | BIO 169-01   |          | Office Hours |          |
| 10:00 AM      | BIO 169-01   | BIO 110-800L | BIO 169-01   |          | Office Hours |          |
| 10:30 AM      | BIO 169-01   | BIO 110-800L | BIO 169-01   |          | Advising     |          |
| 11:00 AM      | BIO 169-01   | BIO 110-800L | Office Hours |          | Advising     |          |
| 11:30 AM      | BIO 169-01   | On Campus    | Office Hours |          | BIO 110-800L |          |
| 12:00 PM      | BIO 169-01   | Advising     | Advising     |          | BIO 110-800L |          |
| 12:30 PM      | BIO 169-01   | Advising     | Advising     |          | BIO 110-800L |          |
| 1:00 PM       | BIO 169-01   | BIO 169-800L | BIO 169-800L |          | BIO 110-800L |          |
| 1:30 PM       | BIO 169-01   | BIO 169-800L | BIO 169-800L |          | BIO 110-800L |          |
| 2:00 PM       | Office Hours | BIO 169-800L | BIO 169-800L |          | BIO 110-800L |          |
| 2:30 PM       | Office Hours | BIO 169-800L | BIO 169-800L |          | On Campus    |          |
| 3:00 PM       | On Campus    | BIO 169-800L | BIO 169-800L |          |              |          |
| 3:30 PM       | On Campus    | BIO 169-800L | BIO 169-800L |          |              |          |
| 4:00 PM       | On Campus    | On Campus    |              |          |              |          |
| 4:30 PM       |              |              |              |          |              |          |
| 5:00 PM       |              |              |              |          |              |          |
| 5:30 PM       |              |              |              |          |              |          |
| 6:00 PM       |              |              |              |          |              |          |
| 6:30 PM       |              |              |              |          |              |          |
| 7:00 PM       |              |              |              |          |              |          |
| 7:30 PM       |              |              |              |          |              |          |
| 8:00 PM       |              |              |              |          |              |          |
| 8:30 PM       |              |              |              |          |              |          |
| 9:00 PM       |              |              |              |          |              |          |
| 9:30 PM       |              |              |              |          |              |          |
| 10:00 PM      |              |              |              |          |              |          |
| <b>TOTAL:</b> | <b>8</b>     | <b>8</b>     | <b>7.5</b>   | <b>0</b> | <b>6.5</b>   | <b>0</b> |

|                      |           |                               |           |
|----------------------|-----------|-------------------------------|-----------|
| # WBL Students:      |           | Total Hours:                  | <b>30</b> |
| # WBL Contact Hours: | 0         | # Course Preps:               | 3         |
| # Contact Hours:     | 18        | # Distance Education Courses: | 2         |
| Total Contact Hours: | <b>18</b> | # Remote Sites:               | 0         |

Instructor: \_\_\_\_\_  
 Department Head: \_\_\_\_\_  
 Division Chair: \_\_\_\_\_  
 Dean: \_\_\_\_\_