

ABLE Adaptive Behavior Skills Checklist

Adaptive behavior is a developmentally determined set of coping skills. Deficits in adaptive behavior are defined as non-existent in an individual's effectiveness in meeting the standards of maturation, learning, personal independence, social responsibility and school performance.

*Directions: Please rate the items on this checklist according to how the student performs, and **place this form in a sealed envelope before returning to the student.** Alternatively, you may email the completed form to Emma Lambirth, Lead Instructor for College and Career Readiness at RCC, at eplambirth@randolph.edu*

****A family member/parent/guardian should not complete the behavior checklist. Refer to the FAQs for more guidance on who is eligible to complete the checklist.***

Student Name _____

Name of Person Completing Form _____

Title of Person Completing Form (ex: Randolph Co. Schools staff, RCC staff, social worker, VR counselor)

How long have you known the applicant? _____

What is or was your relationship with this applicant? _____

Your phone number _____ Email _____

Communication Skills

Verbal, written, and listening skills needed for communication with other people, including vocabulary, responding to questions, conversation skills, academic skills, etc.

	No opportunity to observe (N/A)	Non-existent (0)	Proficient (1)	Comments
Behavior				
Demonstrates the ability to communicate via appropriate speech (coherent, sensible, mature)				
Demonstrates the ability to communicate via text/print				
Participates in class discussions and assignments				
Retains and uses information				
Communicates needs appropriately				
Communicates appropriate feelings				
Can make decisions and choices				
Able to follow multi-step directions				

Socialization Skills

Skills needed to interact socially and get along with other people, including having friends, showing and recognizing emotions, assisting others, and using manners.

	No opportunity to observe (N/A)	Non-existent (0)	Proficient (1)	Comments
Behavior				
Responds or reacts appropriately to a given situation				
Follows school rules and code of conduct and understands reasons for those rules				
Demonstrates appropriate verbal restraint (ex: talks in turn, regulates volume appropriately)				
Respects the rights and property of others				
Controls anger/feelings				
Is flexible (ex: follows a situation's demands or adjusts to new routines)				
Accepts authority (obeys, responds appropriately)				
Responds appropriately to different age groups.				
Attends school/community functions independently.				

Daily Living Skills

Skills needed for personal care, independence, responsibility, and self-control.

	No opportunity to observe (N/A)	Non-existent (0)	Proficient (1)	Comments
Behavior				
Takes care of personal needs (ex: toileting and washing hands)				
Aware of basic hygiene				
Demonstrates appropriate eating behaviors				
Able to navigate building independently				

Signature of individual completing this form _____ Date _____

RCC staff member receiving form _____ Date _____